

# Welcome to Fairway Rise

Tucked away in the leafy suburb of Lindisfarne and boasting picturesque views of the Derwent River, Mount Wellington and the rolling hills of Waverley Reserve

This modern aged care facility delivers a wide range of individually tailored care services and supports residents changing and varying needs. The community spirit of Fairway Rise is vibrant and inclusive. Health, happiness and wellbeing is paramount, and the staff take pride in their wonderful relationships with residents and their families.



### Food

Dining at Fairway Rise is varied and inclusive of all cultural, dietary and lifestyle requirements. We offer a daily choice of menu options\* across three set mealtimes, as well as morning, afternoon tea and supper. At any time during the day our residents have access to hot and cold beverages fruit and lighter snacks.

- Breakfast Continental (cereals, porridge, fruit, toast) buffet breakfast, plus one hot option daily\*.
- Morning & Afternoon Tea Fresh baked items or biscuits at each
- Lunch Two-course sitting with two main course options\*
- Dinner Two-course sitting with one hot option + Salads, sandwiches
- Supper Fresh-cut sandwiches or biscuits

All meal options are prepared by chefs\* with extensive experience and a passion for creating wholesome cuisine from local ingredients, where nutrition and presentation are both paramount.



# KEY FEATURES AND ADDITIONAL SERVICES

Spacious rooms with ensuites

Restaurant quality dining room

Wellness Centre

Café

Well managed library with internet kiosks\*

Hair and beauty salon

Smoke free facility

Some conjoined rooms to allow couples to remain together

Dedicated Montessori Memory Support Unit

Private dining room\*

Spacious sun-filled, communal, and private lounges

Multi-denominational Chapel

Pastoral care support\*

Allied health services such as physiotherapy and podiatry\*

Nursing staff 24/7



# **Activities and Lifestyle**

Fairway Rise is known for its warm, welcoming atmosphere and truly personalised approach to care. Whether it's joining in the fun and laughter with group activities, or soaking up the sunshine, there are plenty of options for residents to do the things they enjoy.

From scenic drives through the countryside, shopping trips or picnics in the park\*, there's always an activity to join if you choose to do so. Our Leisure & Lifestyle Officers love what they do, and it shows. They provide meaningful occupations and activities as an option to all our residents to engage.

These can vary in frequency and type and are inspired by an individual's preferences or social interests.

Engagement is proven to positively flourish an individual's health and wellbeing is a crucial element in our personcentred care model.

# **Respite Care**

Short stays are a great solution for individuals seeking support following post-operative or hospital care, or whilst their regular caregiver takes a break. Respite care can also be used as a way of introducing long term care to a loved one. Many of our beloved residents were introduced to us for two weeks respite care and loved it so much they decided to stay!



# **Accommodation**

11 Standard rooms

57 Superior rooms

24 Premium rooms

Your room is your own private space, so you can decorate it with your favourite pictures and ornaments.

### Standard

These spacious rooms are 22.6m<sup>2</sup> plus private ensuite.

- Large windows with courtyard views
- Personally controlled heating
- Easy access to small sitting rooms with tea making facilities

### Superior

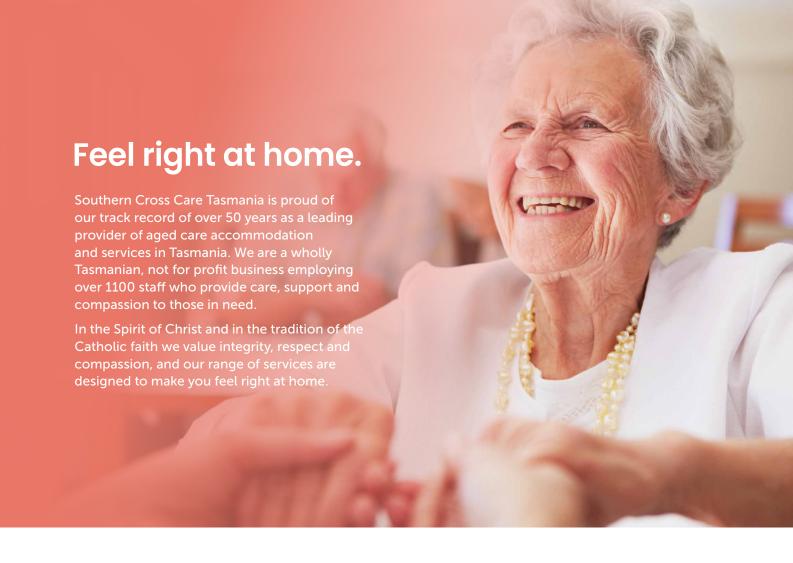
These spacious rooms are 22.6m<sup>2</sup> plus private ensuite.

- Large picture windows with a sunny aspect
- Garden views
- Personally controlled heating
- Easy access to small sitting rooms with tea making facilities

### Premium

These spacious rooms are 22.6m<sup>2</sup> plus private ensuite.

- Large picture windows with magnificent views of the Derwent River and Waverly Reserve
- Personally controlled heating
- Easy access to small sitting rooms with tea making facilities



# **Basic Daily Care Fee**

The Basic Daily Care Fee covers your day-to-day living costs in residential aged care such as standard meals, cleaning, and laundry, heating and cooling.

The Basic Daily Care Fee is set by the Federal Government, is the same in every residential facility and is calculated as 85% of the single person rate of the basic age pension. It is indexed with the age pension (it increases when the aged pension increases) and is adjusted every March and September.

## **Additional Services**

Southern Cross Care provides additional services for a small daily fee on top of the Basic Daily Care Fee, to support our residents' lifestyle and wellbeing. Depending on the location, these additional services may include recreational activities, greater choice of meals, entertainment, outings, and other options tailored to personal preferences.

# Fairway Rise Lindisfarne

2 Toogood Drive Lindisfarne, TAS 7015 P. 03 6246 7200 enquiries.fairwayrise@scctas.org.au



Southern Cross Care (Tasmania) Inc.

scctas.org.au